



## HAMILTON HURRICANES TEAM SELECTION GUIDELINES

### Team Selection Process

It is the purpose of the Hamilton Basketball Association (HBA) to provide a rewarding representative program for all players. These guidelines intend to promote objective evaluation and selection of players on the basis of possession of a specific skill set, attitude and potential. We aim to foster the creation of teams who will enjoy a successful season.

Team Selections will be held annually prior to the Squad Season.

The team selection process is aimed to ensure a fair and unbiased selection process including consideration of the following:

- Involvement in the age group during the previous year
- Performance at the Hamilton Hurricanes Representative Tryouts
- Consideration of the current, or previous coaches opinion regarding the player skill, attitude and if the player is open to learning
- Team composition
- Consideration should be given to bottom aged players to ensure future development particularly in development sides, where appropriate, and at coaches discretion based on player suitability.

### Selection Panel

A Selection Panel of up to 5 people per age group per gender (including the coach/s) will be used during tryouts and will be based on the following:

- knowledge of the sport
- coaching experience and/or previous experience as a player
- ability to be objective in their evaluation of players
- neutral and unbiased opinion of any player
- awareness of the Basketball Victoria 'Victorian Athlete Six Principles'.

The HBA Sub-Committee will approve the members of the Selection Panel prior to the squad tryouts.

Factors to be considered:

- Independence of the panel to ensure no perceived or actual bias in selection of players
- Ratification by the selection panel essential
- NO involvement by parents of players involved in the tryouts or selection process unless they are the coach
- Age, strengths and skill level of the individual players
- Disciplinary actions taken against any player by the club.



## **Tryouts**

Tryout dates will be advised at least 4 weeks before the scheduled date.

Players are expected to participate in at least 1, but recommended to do all tryouts (up to 3 may be required) and will be asked to undertake a number of skills during the tryouts. Medical or other exemptions may be requested to the HBA Sub-committee prior to the commencement of tryouts.

Selection will be based on the following 'Victorian Athlete Six Principles':

- Competitiveness
- Physical Literacy
- Shooting Ability
- 1v1 Offence
- 1v1 Defence
- Decision Making

The Selection Panel will observe the players closely through a range of drills and scenarios and will make written notes as to each player. The player notes will be kept by the HBA Sub-Committee. No feedback will be provided to players or parents.

Every attempt will be made for selections to be fair and unbiased.

Please remember that subjectivity is of course an unavoidable element of any selection.

## **Development Teams**

Where fortunate to have enough players tryout to allow a Development Team as well as the A team, both coaches will work together in the selection process for that age group. The A team will be selected plus 2 emergencies who will then form the first two positions in the Development Team. The Development Coach will then continue (with the assistance of the A Coach if required) to select the Development Team. It is recommended that a mix of top and bottom age players are included in the Development Team if possible.

## **Team Selections**

All Team Selections must be approved by the HBA Sub-Committee and HBA Board.

Once teams are finalised, the teams will be posted on the HBA website.



# VICTORIAN ATHLETE SIX PRINCIPLES

NB: Player development means that you may start out with an ability in one or two of these traits, but over the course of a youth career, add the remainder of them through improvement.



## COMPETITIVENESS

Victorian athletes are relentless for both development and victory. They represent the program and respect it, always giving their best and behaving with integrity. Victorians should always:

- Play/Coach to THEIR best effort
- Be mindful and mentally resilient
- Create a practice environment that ignites competitiveness
- Be ultra-competitive against each other and/or self
- Create and maintain an unrelenting mentality to never be beaten (the Vic way).



## PHYSICAL LITERACY

The modern game calls for a desirable physical make-up. Victorian athletes need to have/demonstrate potential anthropometrics that align with international basketball. They must also (potentially) perform movement patterns with proficiency and under load. This enables the individual to move efficiently and effectively, allowing for athletes to develop the physical preparedness necessary to perform technical skills at the highest intensity and longest duration possible.



## SHOOTING ABILITY

Victorian athletes can self-correct and consistently make game shots. Always striving for 50/40/90. Being able to make game speed shots in elite games requires a love of the skill combined with thousands of repetitions. Inability to shoot the ball makes it difficult to excel on the world stage, and we must produce world class basketball players. Elite shooters will commit to a daily combination of feet, focus and follow-through purpose shooting, in their attempt to master the skill which is the point of difference for players.



## 1 V 1 OFFENSIVE

Victorian athletes can combine ball handling, ball security, creativity, footwork, physicality, speed, and adaptive passing/finishing ability to create, keep and exploit an advantage with the ball in their hands. Victorian athletes understand that the game is not always about them, but they are able to combine eyes, decisions, and pivots (fakes) to create a shot for both themselves and/or a teammate when the moment calls for it.



## 1 V 1 DEFENSIVE

Victorian athletes are committed to defending the basketball. They understand that the closeout, hand pressure and footwork are imperative to keeping the ball in front of them. They understand how to be physical without fouling, containing, and contesting with the body. In addition, they are also invested in NOT getting screened. They do not simply melt and give in to being screened, nor do they stand upright and allow the ball to go wherever it wants. They are disruptive and proactive defenders.



## DECISION MAKING

Victorian athletes are always striving to make great decisions. Offensively scanning and committing to finding the best shot possible. Defensively maintaining vision and communicating "stay/go" decisions that force turnovers and/or low % shots. Our athletes understand that scanning through the game will provide data for the best decision on both ends of the floor. Decision making ability also refers to decisions away from the court (do your habits align with your goals? professionalism).

